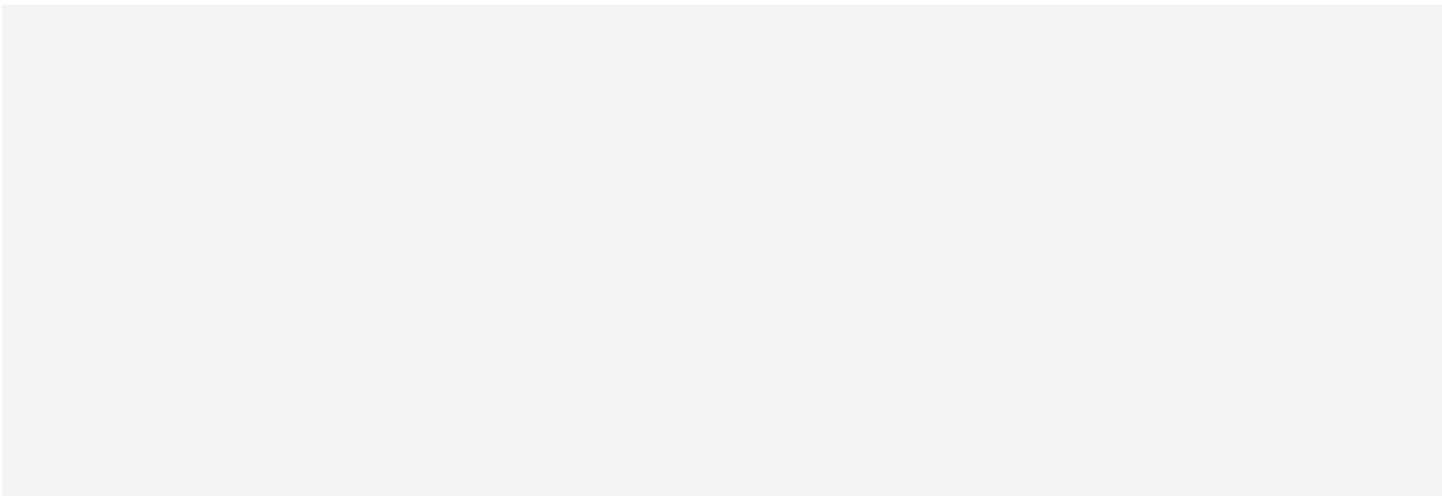


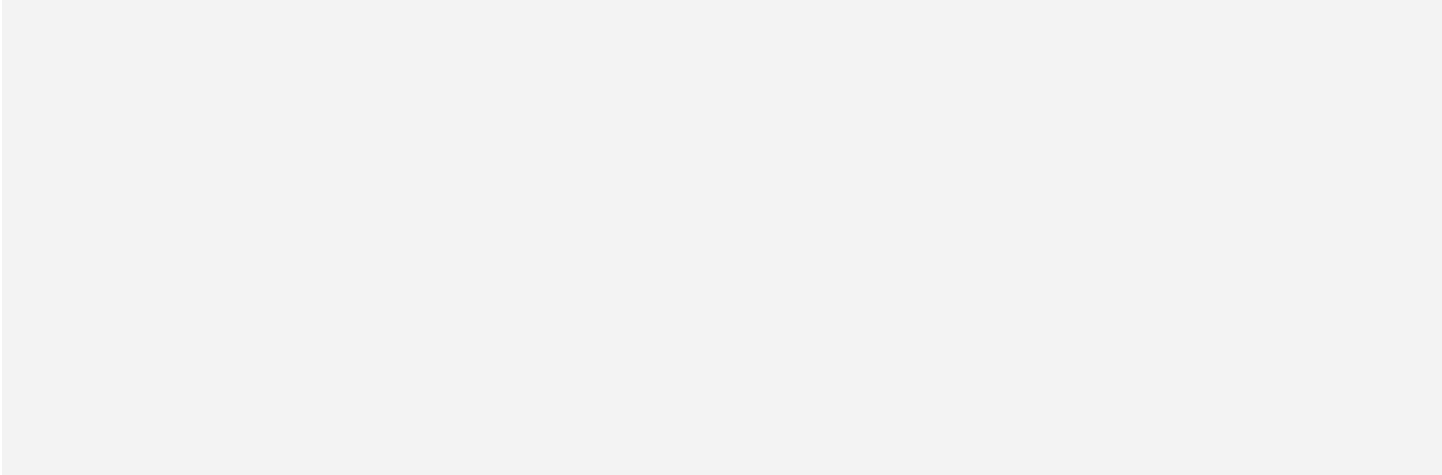
30 Homemade Sex Toys You Need to Try

Even if you've yet to buy a single vibrator, your home is already filled with sex toys.

by CARINA HSIEH, HANNAH SMOTHERS and MOLLY TRIFFIN  JUL 24, 2020



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wooden spoon

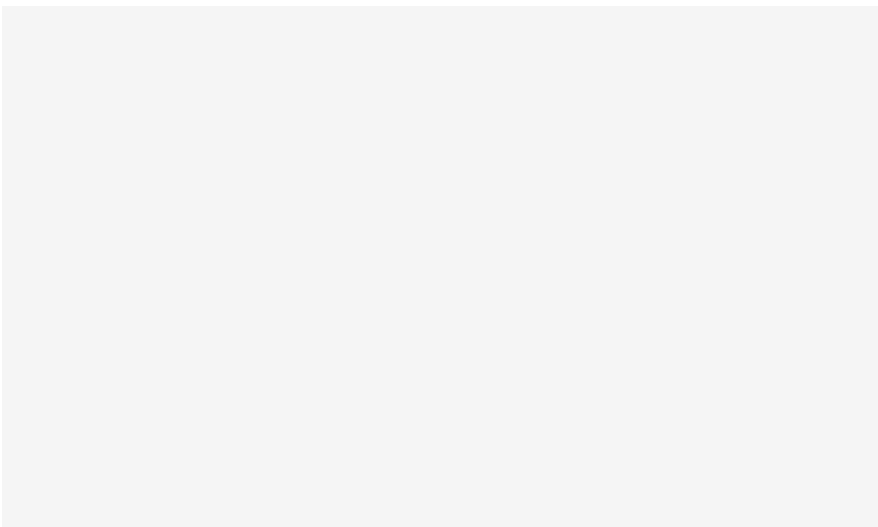
"A wooden or bamboo spoon is perfect for spanking," explains Amanda Cruz Gerena, counseling psychologist and sex therapist. Odds are that you'll have one around, and as Gerena says, "It's a quick fix that you won't have to go out of your way to purchase."



KBWILLS

urine, semen and water sports and do not want to ruin your sheets, a shower curtain and be the thing you need,” says Malika O’Neill, LPC, sexologist, sex and relationship therapist, and founder and CEO of The Pleasure Collective. O’Neill suggests putting the curtain over your existing sheets and going for curtains or shower liners made of plastic and not so much the pretty, decorative fabric ones. You want something that’ll make for quick clean up, not something that’ll absorb or stain.

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mint

Another handy item you might've overlooked? Mints. Sucking on a mint before oral sex can add a cool tingly sensation for your partner, says O'Neill.



earplugs

O'Neill suggests incorporating ear plugs for BDSM sensory play as a way to help build arousal, anticipation, and even mystery during sex. If you're both into consensual BDSM and sense play, you can couple this with a blindfold or sleep mask, tie your partner up, and put the earplugs in. "This will increase the lack of control and spatial awareness of your partner," says O'Neill.

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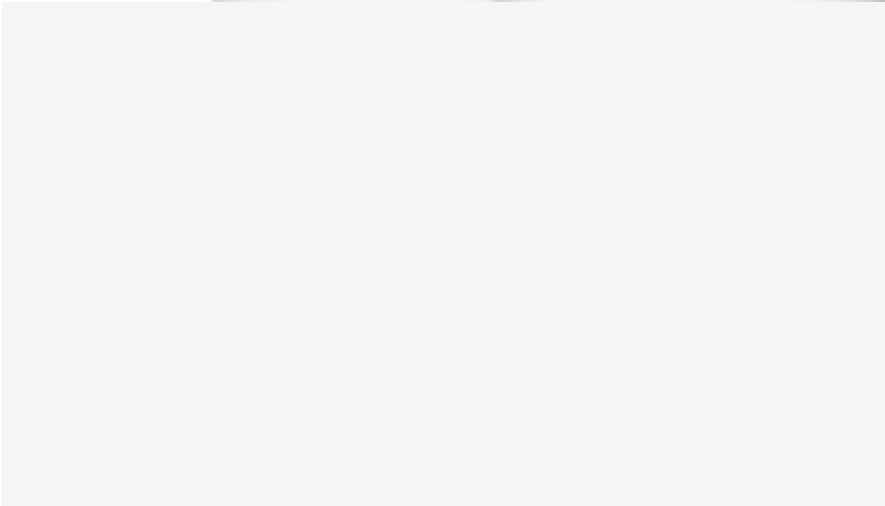


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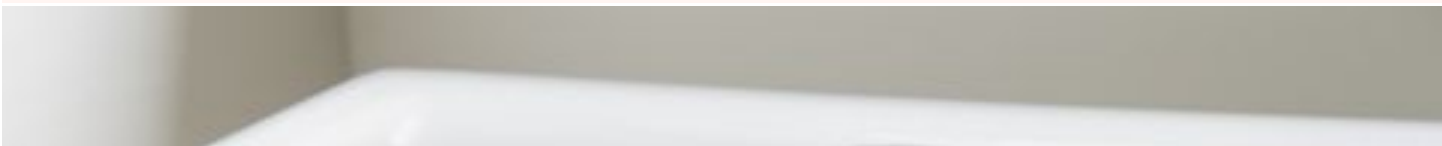




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socks

O'Neill also suggests socks as a versatile homemade sex toy. After all, who doesn't have a lone sock floating around? If you or your partner have a penis, you can fill the sock up with your favorite unscented lotion or lube to masturbate or give a hand job. O'Neill also says you can also have your partner use the sock while you use your own sex toy on yourself as a way to join the fun for some mutual masturbation.







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bathtub faucet

For all the play the removable showerhead gets (see #23), your stationary bathtub faucet can do all that too. While running the water, scooch your butt up underneath the faucet and let the water run over your vulva and clitoris.

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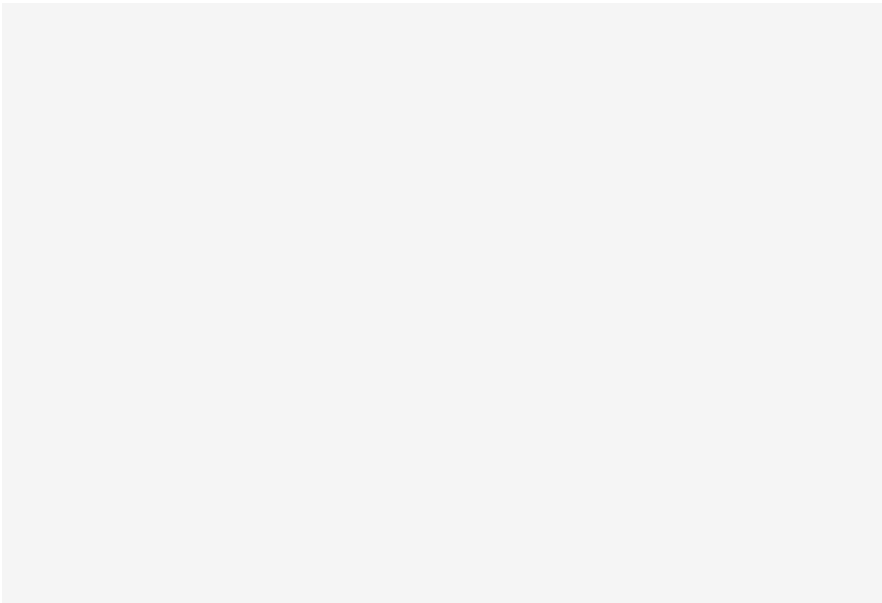




JOSE A. BERNAT BACETE

candle

Wax play isn't as intimidating as you might think. Whether you're using massage candles or regs candles you have at home, wax play can be a sexy foreplay activity that encourages you and your partner to slow it down. Just make sure the candles you're using aren't beeswax, as they can burn! For more on wax play, check out our link [here](#).



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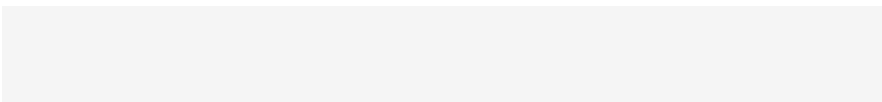


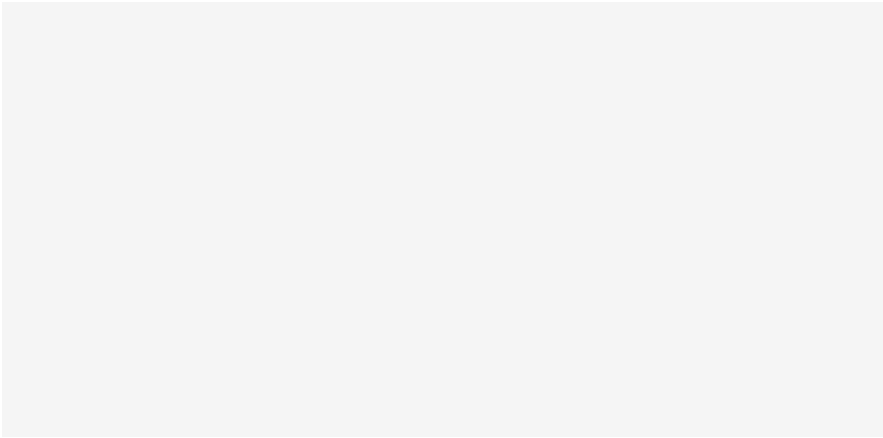
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chair

Who says you need a partner to ride 'em, cowgirl? Find yourself a sturdy chair, stack some pillows on the seat, and hold on to the back of the chair for stability while you ride yourself off into the sunset (aka orgasm).

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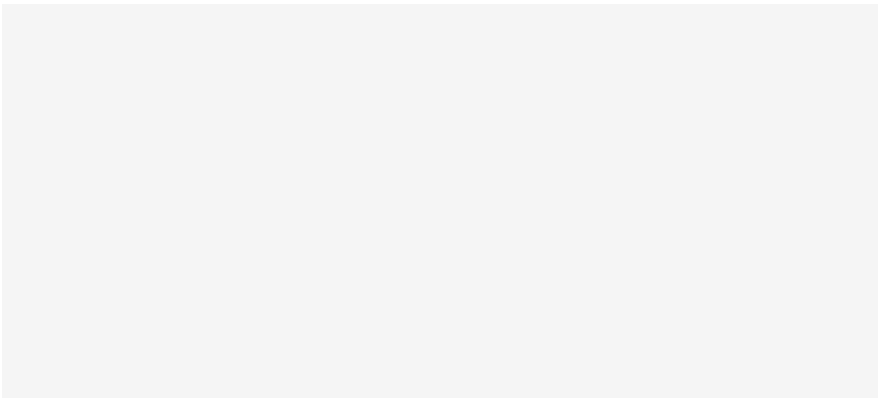


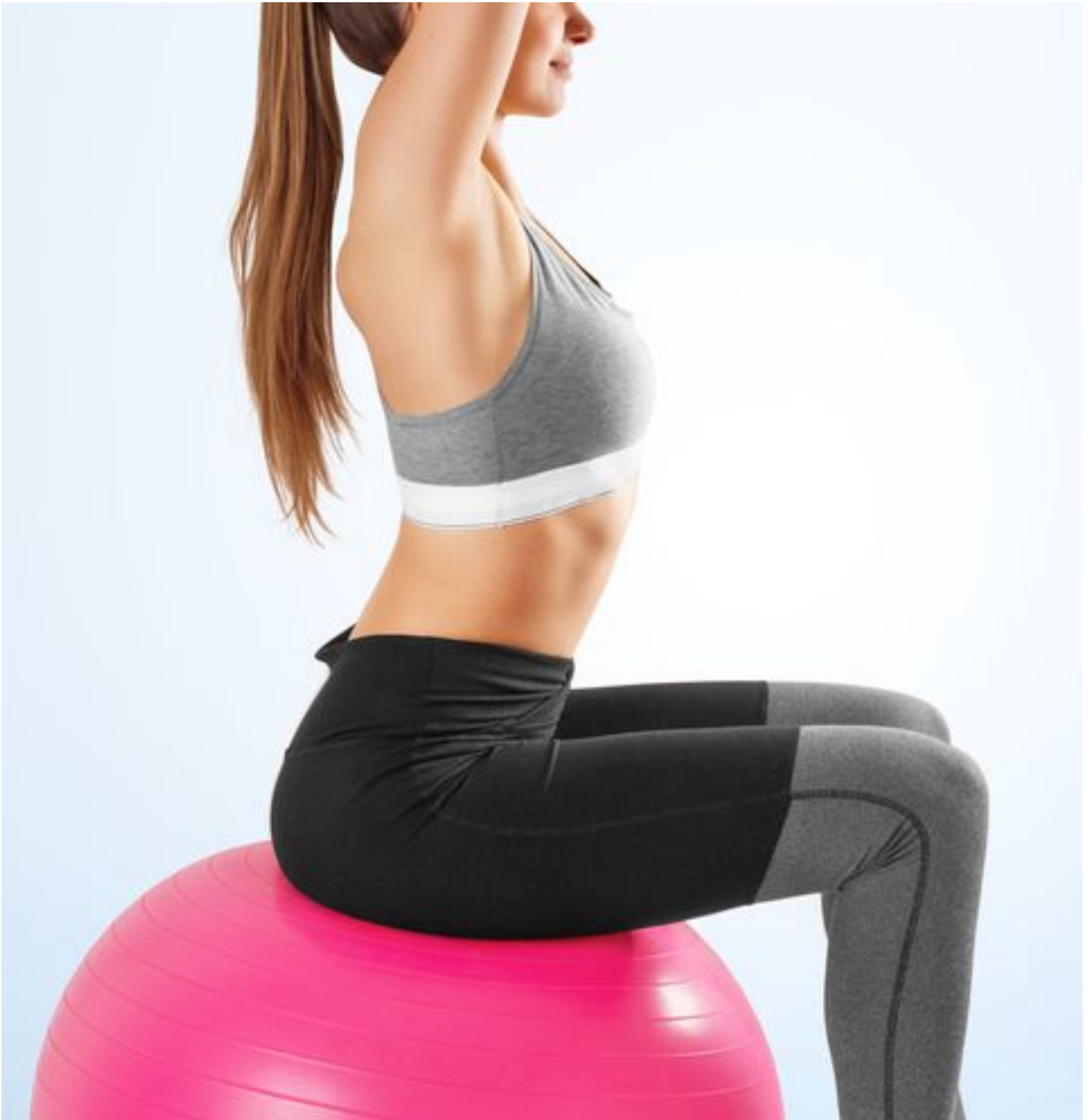
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table

One of the most underrated household items when it comes to sex: the humble table. Being propped up on a table can make penetrative sex way easier for you and a partner if you're of different heights (free sex pillow, haaay!) and allows you to control depth of penetration, in case certain horizontal positions make your cervix feel like it's the end of days.

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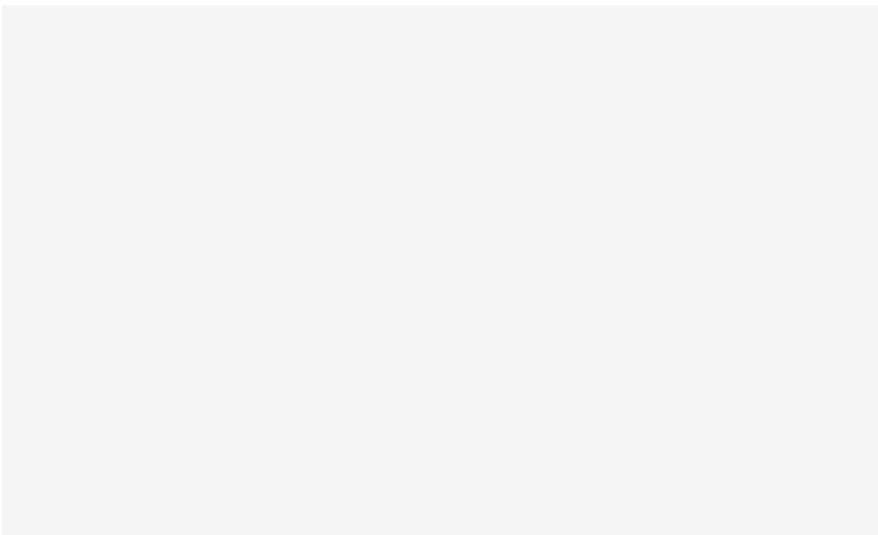


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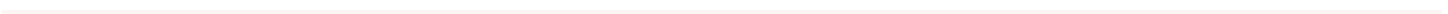
exercise ball

Who knew the exercise ball you haven't touched in four years could have such a sexy renaissance moment? There are a ton of positions you can do exclusively with an exercise ball that feel unlike anything else out there. You can thank having to balance on a moving object for that.

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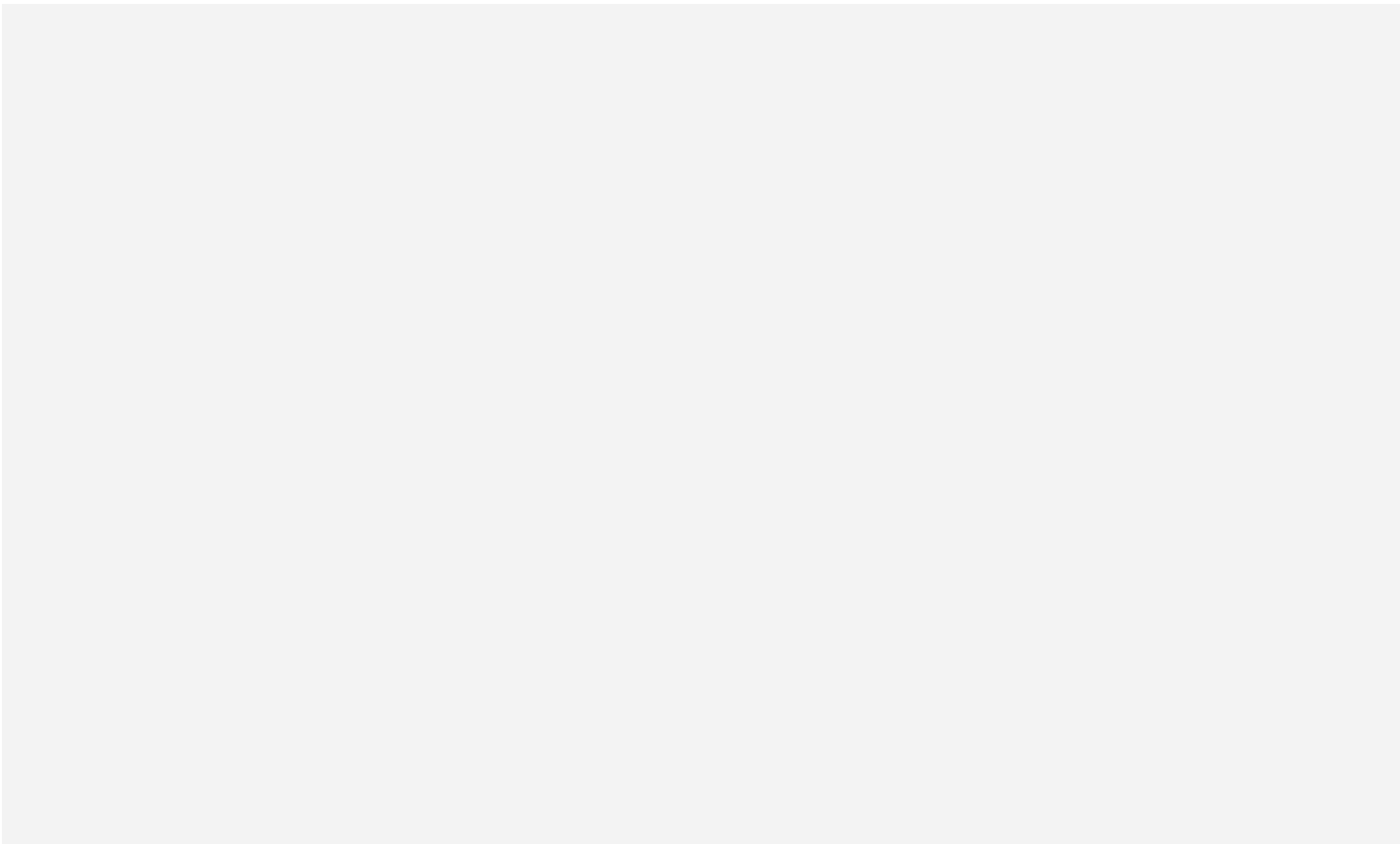
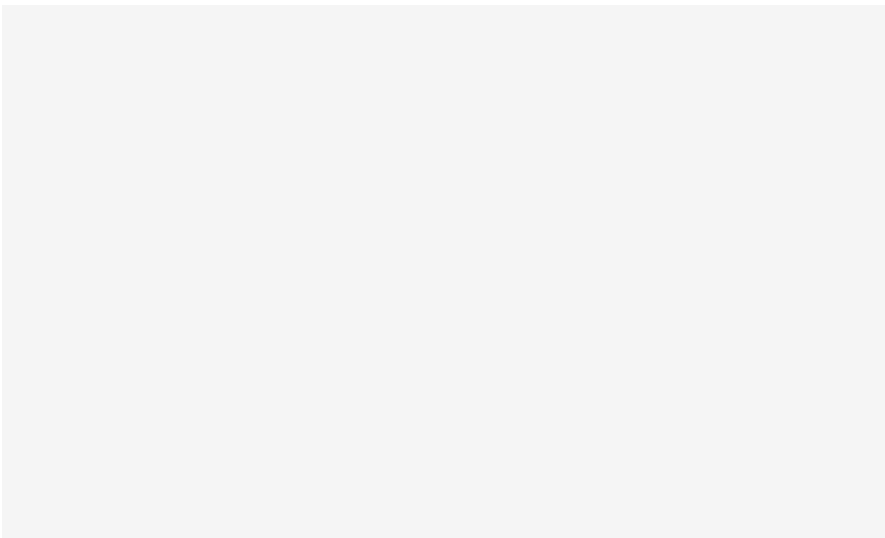


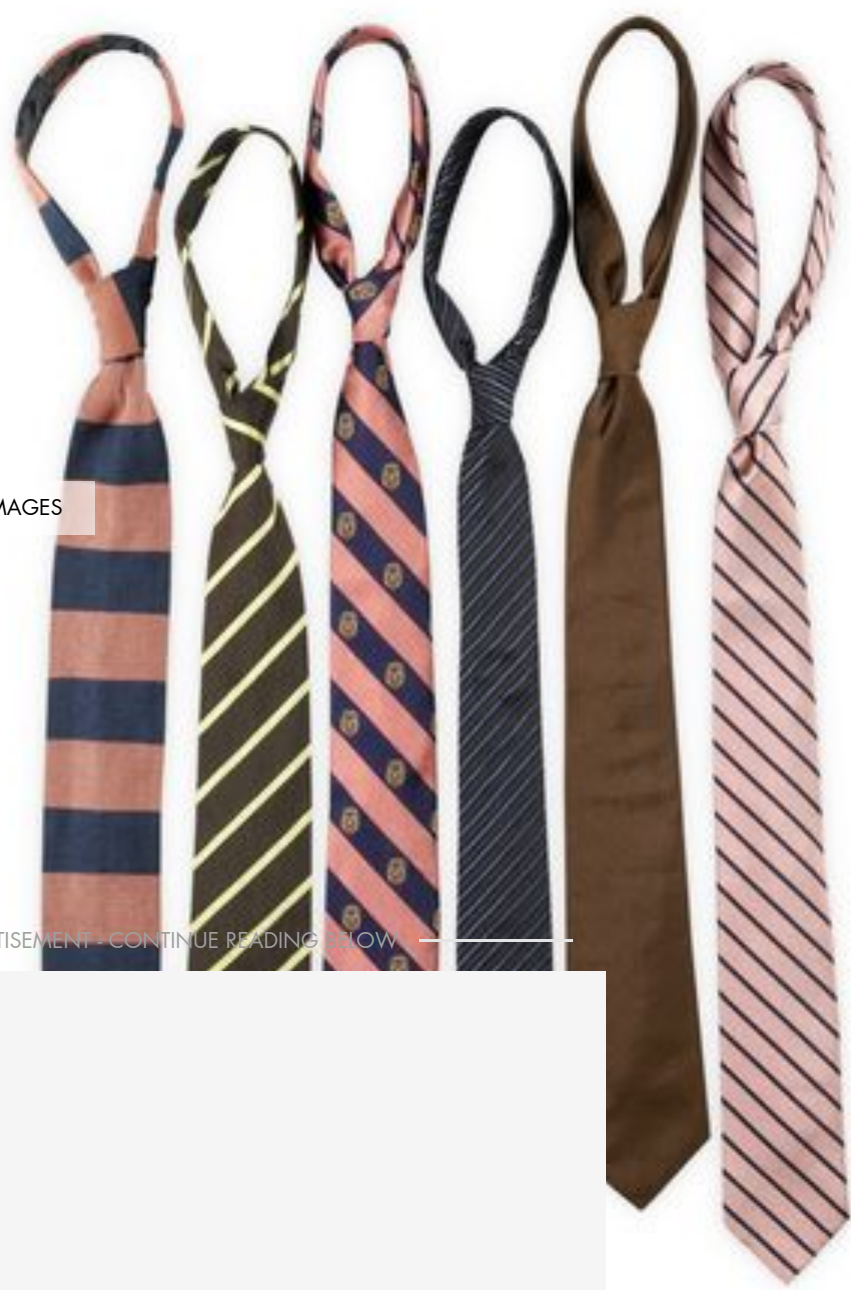
coconut oil

Generally speaking, nothing in your pantry or refrigerator should go in/near your vagina. But coconut oil, which is literally the solution to every problem, is an exception. Coconut oil can be used as lube, as long as you don't use latex condoms (which the oil causes to break down). The oil melts to

a liquid more slick and long-lasting than traditional water-based lubes as it heats up. Also, it smells like coconuts: a true win-win.

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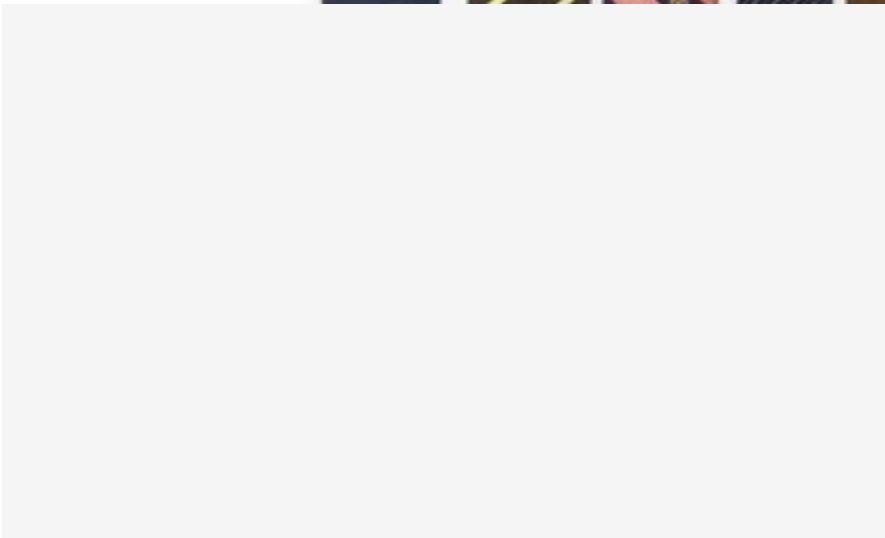




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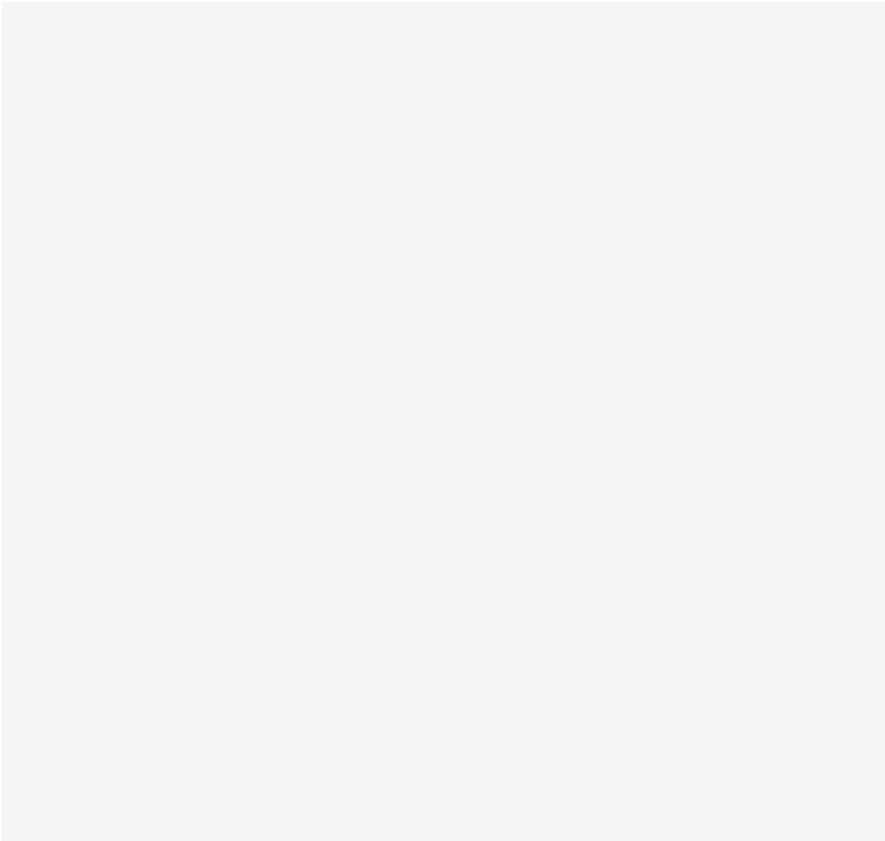


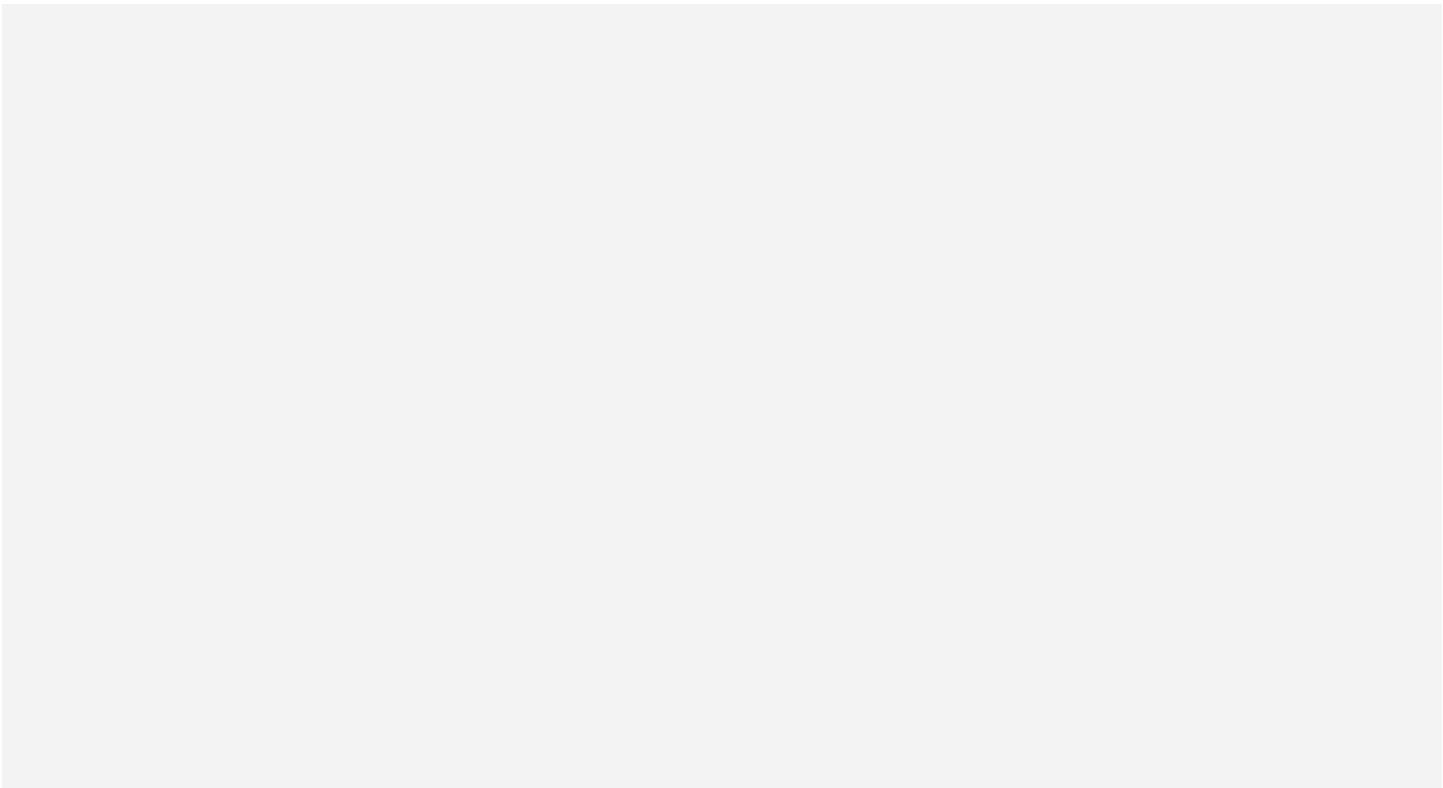
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Grab a spoon, warm up the metal between your hands, and then rub the round part in a circular motion on your clit when you're sick of using your own fingers. Slap some coconut oil on for some DIY lube, and you've got a sex toy made of everyday kitchen supplies.

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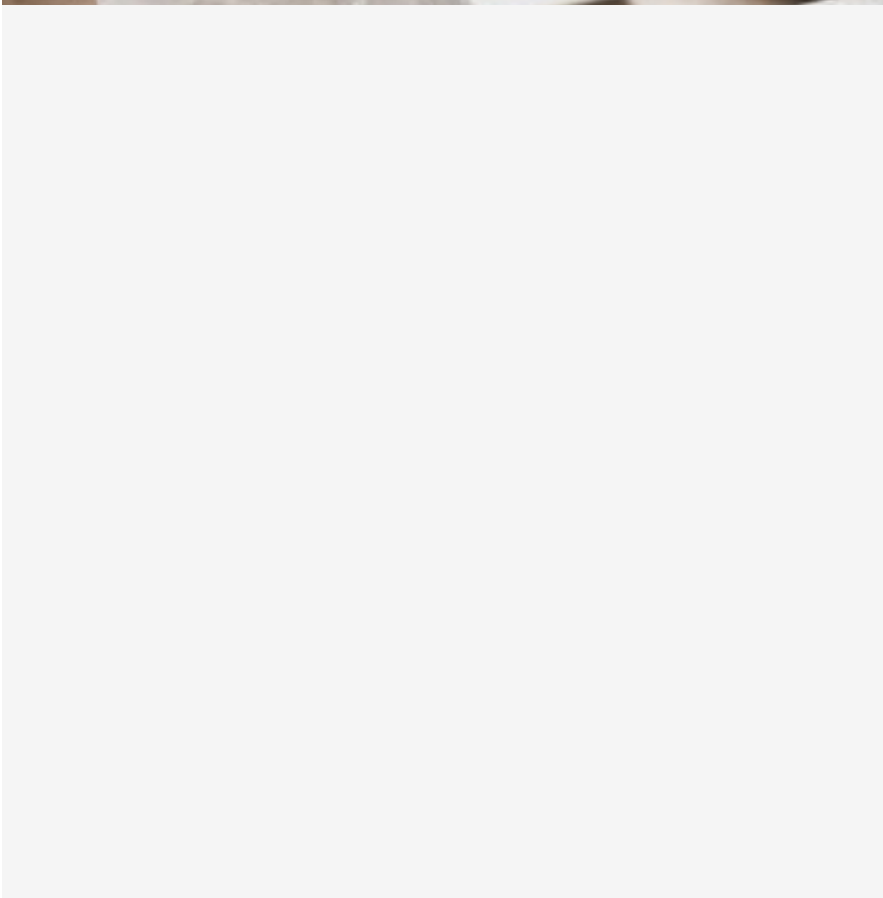
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you've washed the whole thing with soap and water, and focus on using the base of the toothbrush, not the actual moving bristles.

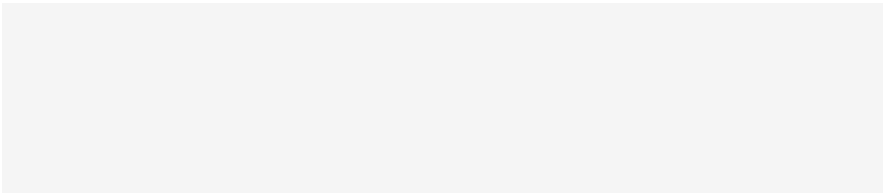


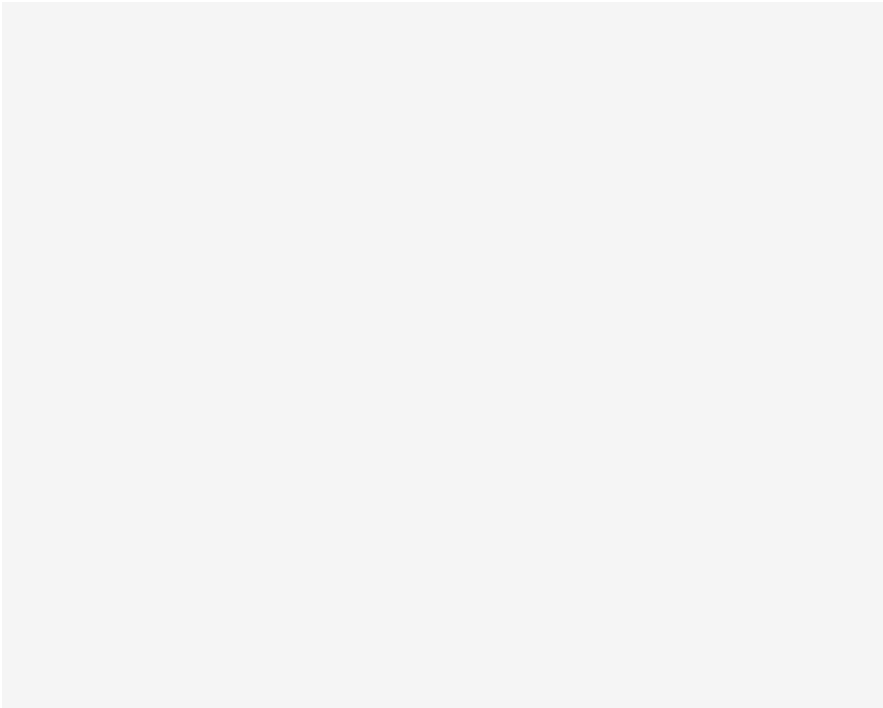


a feather duster

Grab a clean (seriously, can't emphasize enough how much dust can take you out of the moment) feather duster and tease your partner with it. Try to use the lightest strokes possible to help them focus on the sensation.

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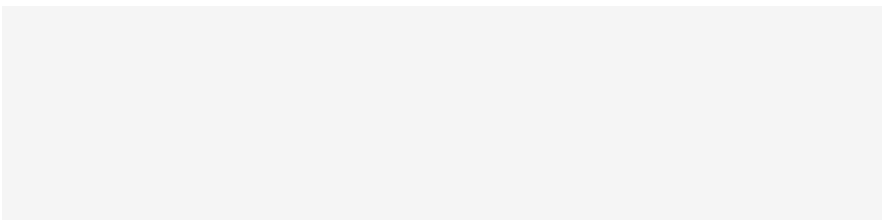




a spatula

Regular old hand-spanking was so 2016. Have your partner spank you with a rubber spatula if you've got one on hand. It's ideal for beginners because of the soft material.

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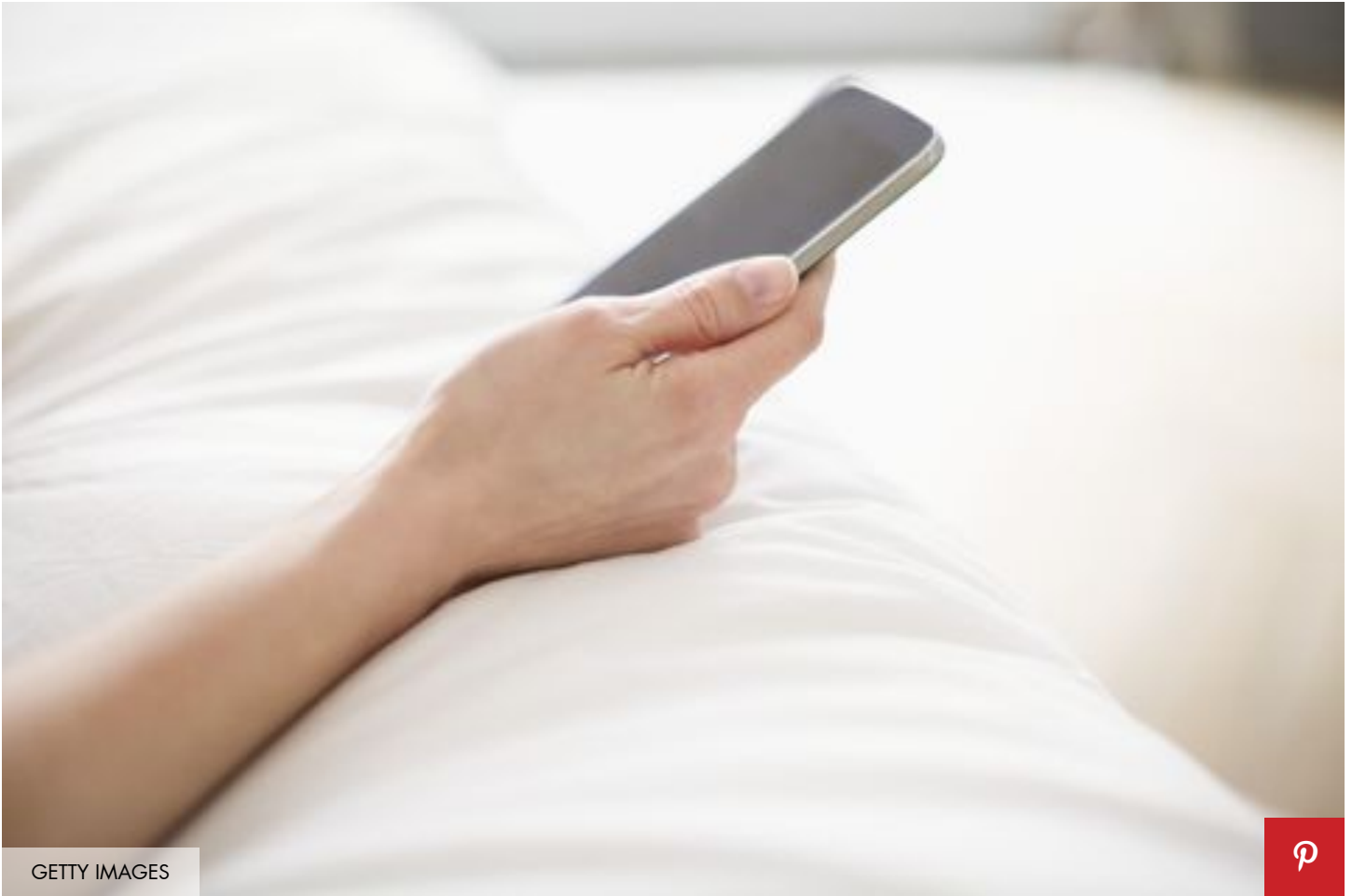


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a belt

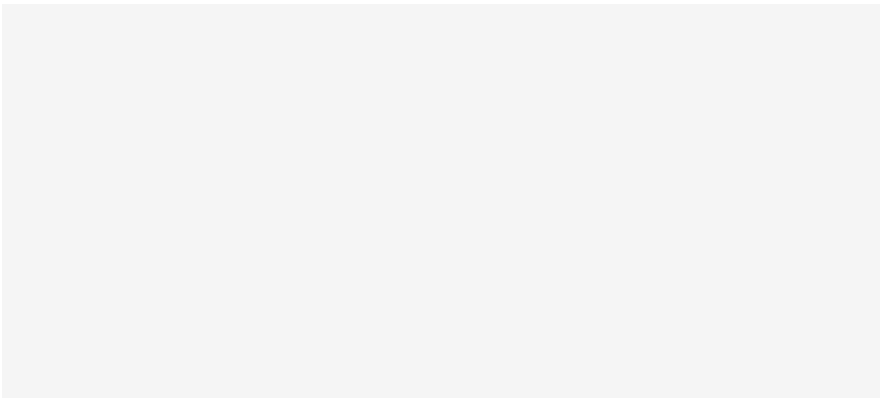
Whereas a scarf or tie could actually move around and be more distracting than sexy as a pair of DIY handcuffs, a belt is great because there's no previous knot-tying experience required! Wrap it around your or your partner's hands a few times or try tying them to the bedposts for an even hotter experience.

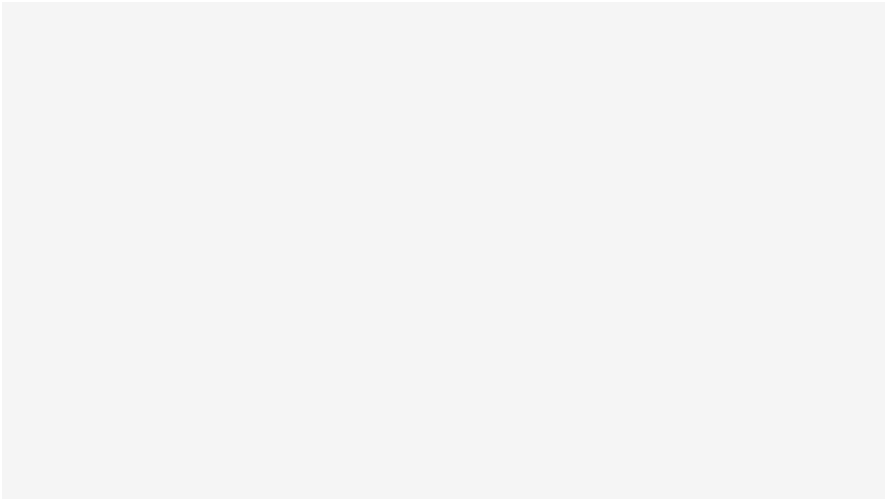


your iphone

There are tons of apps out there that can turn your phone into a DIY vibrator. Just be sure to clean your phone before you start masturbating with it—after all, you wouldn't rub your vulva on every surface you've ever put your phone on, would you?

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pillows

Stack a bunch of pillows together and grind on top of them to masturbate, or try propping a bunch under your hips during sex to feel your guy even more deeply.

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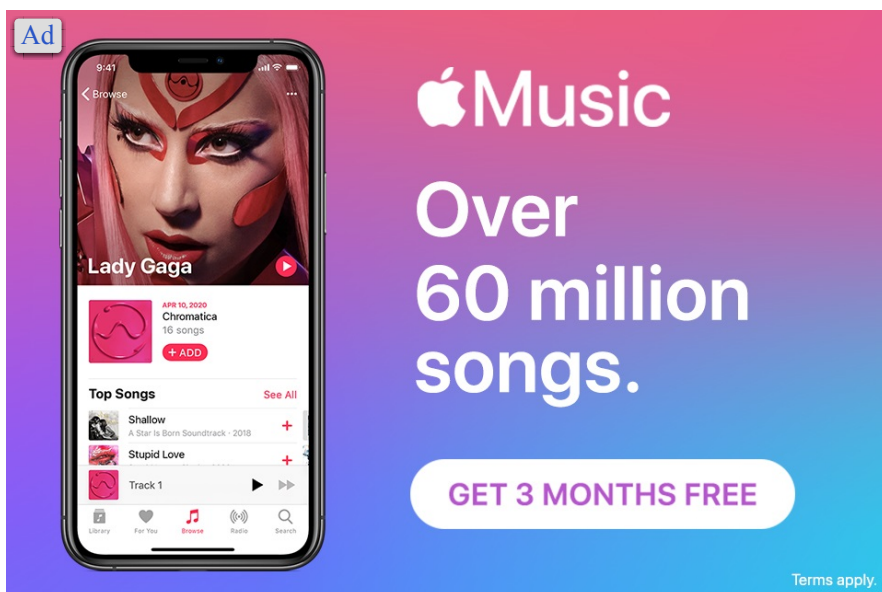


beaded necklace

Tease your partner by rolling the beads across their naked body and having them focus on that sensation. It's basically a mindfulness exercise in sexiness. You can also rub them up and down a guy's penis if you're prepared for some raised eyebrows from him. Bonus: Put the necklace in the fridge beforehand or run under cool water for some temperature play.

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chip clips

Feeling extra masochistic? Try using chip clips as nipple clamps. Just be wary of those hard plastic edges! Would Liz Lemon be proud of your ingenuity or disgusted? Unclear!

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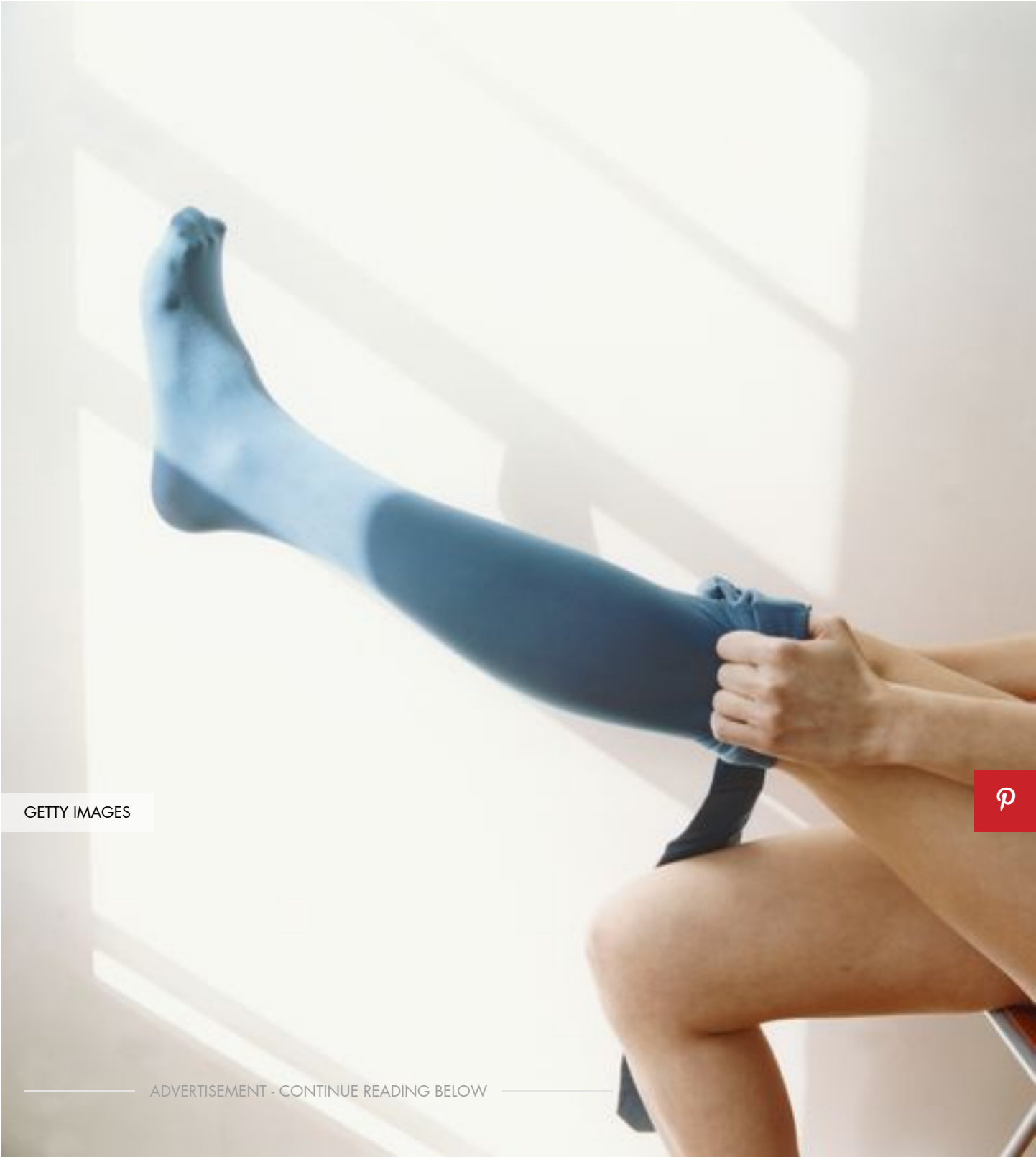
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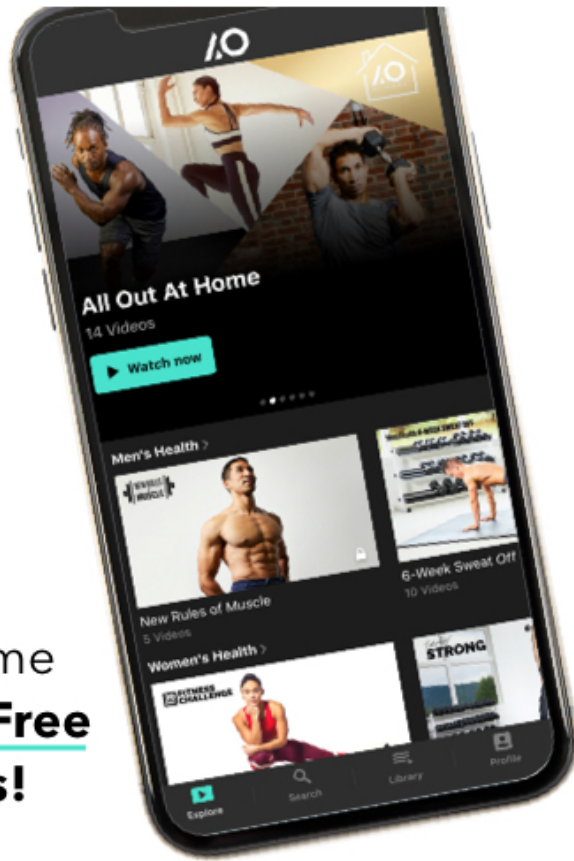
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a removable showerhead

If you have a removable showerhead, try masturbating with it and let the warm water spray your clit. Just keep things external and make sure you're not actually, like, hosing your vagina out.



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CARINA HSIEH **sex & relationships editor**

Carina Hsieh lives in NYC with her French Bulldog Bao Bao — follow her on Instagram and Twitter • Candace Bushnell once called her the Samantha Jones of Tinder • She enjoys hanging out in the candle aisle of TJ Maxx and getting lost in Amazon spirals.

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Hannah writes about health, sex, and relationships for Cosmopolitan, and you can follow her on Twitter and Instagram.

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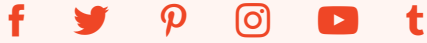
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